

## Form Two

### Term One

	Topic / Main Theme
1	Body Measurement
2	Athletics
3	Fitness
4	Basketball

### Mode of assessment and weighting

Method of Assessment	Athletics (Practical /Skill Assessment)	Fitness Test	Basketball
Weighting	50%	25%	25%

### Term Two

	Topic / Main Theme
1	Hockey
2	Volleyball
3	Football
4	Swimming
5	Fitness / Handball

### Mode of assessment and weighting

Method of Assessment	Hockey	Volleyball	Fitness/ Handball	Football	Badminton / Swimming
Weighting	20%	20%	20%	20%	20%